

YOU MUST FOLLOW THESE DIRECTIONS! Recording a Self-Taped Audition Using a Cell Phone:

Video on 'How to Self Tape'

<https://youtu.be/57M50couvmc>

Setting up:

1. Nothing in the background, blank wall (solid backdrop/solid bed sheet) with nothing on it to distract.
2. Invest in a ring light for your phone. Good lighting is **essential** for **ALL SELF-TAPE AUDITIONS**. A Ring Light is imperative to have for this industry. If lighting isn't good, casting will move on to the next actors self-tape audition.
3. Invest in a tripod, to hold the phone steady or prop it up on a stable surface. If you purchase a ring light, this comes with a tripod.
4. The phone needs to be in a **HORIZONTAL** position.



Self -Tape Recording:

Look at the camera eye, (that is your focal point). **DO NOT** look at yourself in the picture screen. Keep your eyes on the camera eye so you are not looking back and forth. Shifty eyes are distracting.

Slating for your self-tape audition, if instructions are **NOT** given on how to self-tape, follow these instructions:

SLATE to start your audition (recording horizontally from armpits up):

1. **SMILE - SLOWLY & CLEARLY Say your...** First and Last Name, and Age if under 18.
2. **Say** - Images Agency, St. Louis, Missouri
3. Pause just a second
4. Perform your recording

Very important – your eyes must be looking at the camera eye – do not look at yourself.